

GREEK YOGURT PARFAIT WITH HONEY & PISTACHIO

4 servings

Ingredients

- 3 cups whole milk Greek yogurt
- 2 cups seasonal **fruit**, chopped
- 1 cup shelled **pistachios**, roasted and roughly chopped

Optional: Honey

Instructions

1. Layer yogurt into the bottom of 4 tall glasses.
2. Add a layer of fruit and pistachios.
3. Repeat the alternating layers of yogurt and fruit/pistachio, ending with yogurt, a sprinkle of pistachios and, optionally, a drizzle of honey.